



TWYCROSS HOUSE PRE-PREPARATORY SCHOOL

The Hollies

RSE POLICY

Relationship and Sex Education - Read in conjunction with PSHE Policy

At the Hollies, RSE is firmly embedded in an overall programme of PSHE that addresses core themes and builds pupils' skills and confidence and also develops resilience to the threat of radicalisation. These core themes include: listening skills, empathy, and understanding of feelings and emotions and how to identify when we are feeling inappropriately pressured by others. There are also strong links to the teaching of Science and RE (please see PSHE, SMSC, RE, ICT, Science Policies and Assembly Topics)

- Me and others,
- Growing up and changing
- Friends, families and relationships
- Keeping myself safe and healthy
- Feelings and emotions
- Expect Respect

Through the delivery of this policy, pupils will be able to:

- Recognise and name the main external parts of the bodies of humans
- Make a friend, talk with them and share feelings
- Recognise safe and unsafe situations (including online)
- Identify and share their feelings with others
- Recognise similarities and differences between themselves and others and treat others with sensitivity
- Be aware that their feelings and actions have impact on others
- Use simple rules for when they feel uncomfortable or at risk.

Pupils will know and understand:

- That animals, including humans, grow and reproduce
- The needs of babies and young people
- The basic rules for keeping themselves safe and healthy
- That humans and animals can produce offspring and these grow into adults
- Why families are special for caring and sharing
- About safe places to play and safe people to be with and to talk to
- Who to talk to if they have a concern
- Ways in which they are similar to, and different from, others
- That they have some control over their actions and bodies
- The correct names for male/female body parts

Pupils will have considered:

- The similarities and differences between people
- Why families are special
- How their feelings and actions have an impact on others.

RSE – DfE Statutory Guidance

The statutory requirement to provide Health Education does not apply to independent schools – PSHE is already compulsory as independent Schools Standards as set out in the Education (Independent School Standards) Regulation 2014. Independent schools, however, may find the principles in the guidance on Health Education helpful in planning an age-appropriate curriculum.