



Twycross House School

PSHE Policy

Including Teacher Guidance

Personal, Social, Health and Economic Education (PSHE) is designed to enable the students of Twycross House School to become healthy, independent and responsible members of society by encouraging a wider understanding of the world around them, giving them an opportunity for personal development and providing them with the skills and knowledge they will need to keep themselves safe and deal with life beyond school. Following statutory requirements enforced by the Government, further emphasis has also been placed on the delivery of RSE.

The Government has outlined that it wants *'to support all young people to be happy, healthy and safe – we want to equip them for adult life and to make a positive contribution to society'*. Under section 78 of the Education Act 2002 and the Academies Act 2010, schools must provide a *'balanced and broadly-based curriculum'* which promotes *'the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life'*. We aim to do this through our PSHE programme as well as through all other aspects of the students' life at school. It will also contribute to the students' SMSC education.

Aims

As a school we aim to enable the students to:

- Be independent both as members of the school community and in wider society
- Become responsible citizens with an understanding of fundamental British values
- Gain a better understanding of themselves including their strengths and skills
- Develop confidence, self-respect and a positive self-esteem
- Acquire the skills to make informed choices and understand the options they have available to them in the future
- Recognise unhealthy relationships and develop healthy alternatives with the ability to deal with changing relationships both at home and school
- Remain healthy and safe in all aspects of their daily lives
- Be able to cope with emotional and physical changes with particular emphasis on fostering an environment of positive mental health
- Gain an understanding of how they can make the world around them a better place
- Build a respect for and an understanding of others and their choices



Teaching and Learning

The PSHE programme is designed to cover three main topic areas with each topic delivered to every year group at a level designed to meet the needs of that specific age group:

- Living in the Wider World
- Relationships
- Health & Wellbeing

It is delivered in the majority through designated form times by the students' form teacher but is supported by SLT-led assemblies, external guest speakers and workshops together with SMSC topics delivered in other curriculum areas.

Staff members have the flexibility to deliver the material in a method which they assess to be the most beneficial to their group. This could be through group work, whole class discussion, individual reflection, written work, active learning or role plays etc. Resources are provided for teaching in electronic and paper format.

Students are asked to evaluate their learning and the material covered at the end of each topic area. Observations of sessions will also enable the evaluation of students' learning. In most cases, it will be possible to observe and assess how students apply their knowledge, skills and understanding in simulated or real life situations.

The PSHE co-ordinator requests feedback from form tutors to enable a review of the course and the suitability of the resources.

Supporting documents

Senior School PSHE and RSE Statutory Guidance - Parent Overview

Swallows Hill PSHE and RSE Statutory Guidance - Parent Overview

Review

This policy will be reviewed as part of our ongoing review cycle.

Updated September 2023