



## TWYCROSS HOUSE PRE-PREPARATORY SCHOOL

The Hollies

### **PSHE POLICY**

**(Including RSE Links – Read in conjunction with RSE Policy)**

Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we aim to develop the children's self-knowledge, self-esteem, self-respect and self-confidence.

Relationships and sex education (RSE) supports our pupils to be happy, healthy and safe. We aim to equip them for life as an adult in British society.

The aims of PSHE including RSE at The Hollies are to:

- Promote spiritual, moral, cultural, mental and physical development of all pupils;
- Promote the emotional health and wellbeing of all our pupils;
- Allow the pupils to be independent and responsible members of the school community;
- Prepare pupils for opportunities, responsibilities and experiences of later life;
- Encourage pupils to value themselves and others;
- Allow pupils to acknowledge and appreciate difference and diversity;
- Teach pupils how to make informed choices;
- Prepare pupils to respect British values and to be positive and active members of a democratic society;
- Teach pupils to understand what constitutes a safe and healthy lifestyle;
- Provide a framework in which sensitive discussions can take place;
- Promote safety in forming and maintaining relationships;
- Provide children with the skills to enable them to understand and manage their emotions;
- Help pupils to identify characteristics of healthy relationships, how relationships may affect mental and physical health (how to stay safe on line);
- Help pupils develop feelings of self-respect, confidence and empathy;
- Teach pupils the correct vocabulary to describe themselves and their bodies;
- Know that families are special and unique;
- Recognise the similarities and differences between people;
- Make pupils aware of what money is, where it comes from and what it is used for.

### **FRAMEWORK**

At The Hollies, we believe that, to be effective, RSE should always be taught within the broader PSHE curriculum. RSE enhances learning related to topics including anti-bullying, keeping safe on and off line, keeping physically and mentally healthy and the development of skills and attributes such as communication skills, managing peer pressure, resilience and decision making.

RSE is part of lifelong learning about the emotional, social and physical aspects of growing up. RSE, within PSHE, aims to give children essential skills for building positive, enjoyable, respectful and non-exploitative relationships and skills to stay safe on and off line. It enables pupils to explore their and other's attitudes, values and builds their self-esteem.



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A whole school approach is used in the planning of PSHE, including RSE. This policy has clear links with other school policies aimed at promoting pupil's spiritual, moral, social and cultural development including our Behaviour Policy, Equal Opportunities Policy and Race Equality Policy and the Spiritual, Moral, Social and Cultural Policy(SMSC).

#### **TEACHING AND LEARNING**

We use a range of teaching and learning styles taking into account the age and the abilities of the pupils. These include:

- Story or circle time;
- Assemblies using stories, videos and Power points related to the PSHE themes;
- Whole school topics including anti bullying, internet safety etc;
- Whole school events such as Remembrance Day, food bank collection, Harvest Festival, Christmas toy collection, half termly democratic vote for class merit and half termly Brightbox vote;
- Learning about the celebrations of different faiths e.g. Ramadan, Eid, Diwali, Sukkot, Hanukah, Christmas, Passover, Chinese New Year, Easter;
- Links with other curriculum areas such as role-play, debate and discussion in literacy, keeping fit and healthy in PE and cookery, environmental and health issues in science and beliefs, values and practices in RE, group/team work in science, internet safety and appropriate behaviour in ICT, safety issues in cookery and on school visits;
- In the Foundation Stage of the National Curriculum PSHE/PSED, including RSE, is informed by the objectives set out in the Early Learning Goals of the EYFS;
- Whilst most of the work is discussion based, pupils will sometimes record or investigate their work using a variety of media including written work, drawings, worksheets, games and group work;
- Where appropriate we have visitors from the wider community.

#### **SPECIAL EDUCATION NEEDS / EQUALITY**

All pupils have the opportunity to take part in PSHE, including RSE activities regardless of any learning difficulty they may have / ability / disability, race, gender or sexual orientation.

#### **MONITORING AND REVIEW**

This policy will be reviewed as part of our ongoing review cycle.